



### **TEJO TERRACE - BRUNCH -ALL DAY EXPERIENCE - LISBON**

Many people believe that brunch is just a late breakfast and a recent fad. However, its origins date back to 19th century England, and it was later popularised in New York in the 1930s, when families would get together on Sundays to share a variety of food and the highs and lows of the week. Our brunch is all that and so much more – at any hour from 9 a.m. to 10 p.m., you can enjoy a complete and healthy meal that honours our roots. At Tejo Terrace, we serve the freshest seasonal ingredients to enrich your day. Here, the Mediterranean diet becomes a healthy compromise between flavour and a passion for cooking.



instagram.com/tejoterrace



















No dish, food product, or beverage, including the couvert, may be charged if not requested by the customer or if rendered unusable by them.

Our products may contain some of the following allergens: Cereals containing gluten, crustaceans, eggs, fish, peanuts, soybeans, milk (including lactose), nuts, celery, mustard, sesame seeds, sulphur dioxide and sulphites,

As dishes are prepared to order, the waiting time may exceed 25 minutes.

We have a private room for your friends or company group seating up to 25 people. Talk to our team or email

VAT included at the current rate







#### BRUNCH FROM 9 AM TO 3 PM, AS ONLY WE KNOW HOW TO DO

Homemade Granola Yoghurt ♥ 🛅 6 €

Greek Natural Yoghurt with homemade crispy granola, homemade jam and fruit of the day

Allergens – gluten, lactose

**Açaí Bowl** Açaí with banana, strawberry, honey and granola **Allergens - gluten** 

# OPEN TOASTS MADE WITH NATURALLY FERMENTED BREAD

Avocado Toast and Egg 🖣 T Mashed avocado with scrambled egg, chopped chives and sliced cucumber Allergens - gluten, egg

Smoked Salmon on Toast 🗗 🛱 Homemade smoked salmon with spices, mashed avocado, poached egg and hollandaise sauce Allergens - gluten, lactose, egg

Serrano Cured Ham on Toast 🎙 🛱 🕽

Serrano ham, scrambled eggs with roasted tomatoes and sheep cheese

Allergens – gluten, lactose, egg, pork

#### HASHBROWN

SMALL CRUNCHY JULIENNE POTATO "CAKE"

Smoked Salmon Hashbrown with Hollandaise Sauce Homemade smoked salmon with spices, low temperature egg, hollandaise sauce, fennel and chives

Allergens - lactose, egg

## NATURALLY FERMENTED FOCACCIA SANDWICH

Terrace Special ♥ →
Chicken breast, mashed avocado, roast tomato, fried egg and romaine lettuce
Allergens - gluten, egg

Serrana ♥ 🖟 🕽

Serrano ham, sheep's cheese, tomato slice

Allergens - gluten, lactose, pork

Salmon ♥ ☐
Smoked salmon, cream cheese, romaine lettuce and cucumber
Allergens - gluten, lactose

#### FOR THE GREEDIEST

Banoffee Pancake ♥ ☐ ♀ Fluffy pancake with banana, dulce de leche and cocoa mini nuggets
Allergens - gluten, lactose, egg

Red Fruit Pancake and Pistachio 🖟 🛱 🗘 🕝 Fluffy pancake with wild berries, mascarpone cheese, pistachios and lime zest Allergens – gluten, lactose, egg, tree nuts

Banana Bread ♥ ♣ ♥

Sweet banana and cinnamon bread with cocoa

Allergens - gluten, lactose, egg

Chia Pudding
Chia seeds soaked in coconut milk with honey, mango pieces, coconut flakes and pomegranate powder

**Extras**Banana, mango, peanut butter, bacon, mashed avocado, serrano ham,

spinach leaves, scrambled egg, fried egg and gluten-free bread

#### **BRUNCH MENU 19€**

Orange Juice
Mini Croissant or Sliced Bread
Portuguese Custard Tart
Cheese and Ham
Scrambled Eggs
Granola Yoghurt
Fruit

Americano Coffee or Tea

#### **STARTERS**

Allergens - lactose, garlic, alcohol

9 €

12 €

11 €

9 €

Chickpea and Beet Hummus with Focaccia Toasts 

Allergens - gluten

7 €

Buttery Sheep Cheese 
Allergens - lactose

Serrano Ham Board with Focaccia Toasts 
Allergens - lactose, pork

Prawns in Garlic and Brandy 
Sautéed prawns with garlic, white wine, butter and chili Allergens - lactose, garlic, alcohol, seafood

Veal Bites 
Allergens - lactose, garlic, alcohol, seafood

12 €

Pieces of veal sautéed with olive oil, garlic, white wine and pickles

FROM 12 NOON TO 10 PM, FULL MEALS FOR

THOSE WHO WANT MORE THAN A BRUNCH

Smoked Salmon Salad ⊕

Homemade smoked salmon, avocado, roasted fennel with orange, Iberian lettuce and quail's egg

Allergens - egg



18 €

15 €

6 €

#### TEJO TERRACE SPECIALITIES

Flaked cod and onion with egg on a bed of crispy potato, and olives

Cod Brás Style 🕆 💩

Mushroom Risotto ♥ 🗗

Pistachio Lava Cake

Allergens - gluten, lactose

Mushroom risotto with thyme and truffled olive oil

Allergens - egg, garlic

each 2 €

Octopus Octopus tentacles with sweet potato purée, cauliflower, pepper vinaigrette, and olives	21 €
Steak (*) (a) 250g of sirloin steak with chips, chimichurri sauce and garlic mayonnaise Allergens - egg, garlic	21 €
Chicken Breast with Mushroom Risotto Grilled chicken breast with mushroom risotto and truffled olive oil Allergens - lactose	18 €
Classic Burguer & T (a)  Veal burger in a brioche, lettuce, tomato, cheddar cheese, garlic mayonnaise and chips  Allergens - gluten, lactose, egg, garlic	14 €

#### DESSERTS TO END IN STYLE

Pistachio Lava Cake with Red Berry Ice Cream and Port Wine

Allergens - gluten, alcohol	
Basque Pie the Basque Pie with passion fruit Allergens - lactose	5 €
Chocolate Mousse 🗗 🖺 Chocolate mousse with Porto wine Allergens - lactose, alcohol	6 €
Dessert of the Day Allergens - Ask our staff	4 €



#### "GASTRONOMIC EXCELLENCE THAT CREATES MEMORIES"

Grupo Paladares is a prestigious reference in the restaurant scene in Lisbon, known for the diversity and excellence of its gastronomic venues, where each restaurant offers a unique and unforgettable experience. With a dedication to the richness of Portuguese and international cuisine, Grupo Paladares provides its customers with a true sensory journey, always accompanied by the finest wines and flavors that tell stories and create memories.

